

**AGING AND DISABILITY RESOURCE CENTER OF WAUKESHA COUNTY
ADVISORY BOARD
Meeting Minutes**

Meeting Date/Time: 05/03/12 @ 9:30 a.m.

Location: Human Services Center Brookfield Room

Committee Members:

<u>A</u> Farrell, Dennis	<u>X</u> Ruf, John
<u>X</u> Goetz, Jennifer	<u>X</u> Spitz, Carolyn
<u>X</u> Graham, Bill	<u>X</u> Turkoske, Julie
<u>X</u> Hansen, Patricia	<u>X</u> Weidmann, Larry
<u>X</u> Lee, Glenn	<u>EA</u> Wolff, Sandy
<u>X</u> Lee, Lorraine	<u>X</u> Zaborowski, William
<u>X</u> Pagels, Nancy	

X = Present A = Absent EA = Excused Absence

Additional Attendees:

<u>X</u> Bellovary, Cathy	<u>X</u> McTavish, Fiona - CHESS
<u>X</u> Smith, Sue	<u>X</u> Gale, Kathy, Interfaith
<u>X</u> Smith, Mary	<u>X</u> Peterson, Kate, ADRC Intern – Carroll
<u>X</u> Glowacki, Christa - Study Coordinator	University
Active Aging Research Center	

Call to Order:

The meeting was called to order at 9:30 a.m.

Public Comments:

Julie Turkoske commented on the parking situation, specifically 90-Minute Parking. She indicated that Parking Enforcement was marking her tires even before she exited her vehicle. C. Bellovary did say that Health & Human Services Administration was aware of the limited parking and was in the process of working with the county on possible solutions.

Approval of minutes of 04/05/12 meeting:

Chairperson B. Graham called for approval of the meeting minutes of April 5, 2012. B. Zaborowski moved to approve the minutes; C. Spitz seconded the motion. All in attendance approved. Motion is carried.

Educational Segment: Fiona McTavish, UW-Madison, Center for Health Enhancement System Studies (CHESS)

Fiona McTavish gave a brief update on the Active Aging Research Study and provided the Board and guests with a presentation highlighting the Social Media Tools that are being developed. These tools consist of applications which potentially could, with the elder's approval, allow family to

“watch” to ensure loved ones are up and moving around. The hope is to have other appropriate ways available for people to check in with their loved ones. Another tool being developed is an application currently called Elder Tree, which will provide the user with a clean, uncluttered screen, an easy to use email, a simple search and discussion board. Users feel connected and find that asking questions about subjects they want to ask/want to know about is much easier to do in writing. The presentation generated many questions and good discussion. These tools will be very valuable for consumers and caregivers.

Review of Aging Unit Plan Assessment - Letter from GWAAR – Mary C. Smith, Nutrition and Aging Services Supervisor

M. Smith provided the Board with a copy of the letter the ADRC received from GWAAR in response to the Waukesha County Aging Unit 2011 Plan Assessment and provided a recap of the contents. GWAAR suggested adding more information to our website with regard to Health Promotion and Disease Prevention; however their review of our website found it to be one of the best in the state. B. Woyak was credited for keeping the ADRC website updated with the most current information available. GWAAR states that (the Aging & Disability Resource Center of Waukesha County) *is a great example of working in collaborative partnerships to achieve success.*

This approval letter is being provided to Board members for informational purposes only; no action is required. M. Smith did request that ADRC Board members read the letter thoroughly and bring any comments to the June meeting.

Approval of IIID (Health Promotion / Disease Prevention) Amendment – Action Item – Mary C. Smith, Nutrition and Aging Services Supervisor

M. Smith indicated that Congressional appropriations require that OAA Title IIID funding be used only for programs and activities which have been demonstrated to be evidenced-based. Waukesha County will be providing the following evidence based disease prevention and health promotion programs in 2012:

- * Chronic Disease Self-Management Program
- * Stepping-On
- * Walk with Ease
- * Tomando Control de su Salud

M. Smith requested approval from the Board on the Amendment, which will be sent to GWAAR. Chairman B. Graham called for a motion to approve the Amendment to IIID. B. Zaborowski moved to approve; L. Lee seconded the motion; all in attendance approved. Action passed.

Advisory Board Chair Report

- B. Graham polled the group with regard to the July 5th ADRC Board Meeting. He asked by a show of hands, how many would like the meeting canceled. There was majority; therefore there will be no meeting in July.
- B. Graham also shared that the Regional Long Term Care Committee meeting that was held at the Goodwill Industries on April 20 was well attended. Waukesha County ADRC Advisory Board members Sandy Wolff, Glen Lee and Cathy Bellovary also attended, along with representatives from Milwaukee, Racine, Kenosha, Jefferson and Walworth counties.

B. Graham facilitated the meeting, which focused on ways to make improvements, for example, in housing and transportation. Information obtained from all regional meetings will be compiled by the state. That report will provide ideas to move forward and make improvements.

- B. Graham also shared that he is now a substitute facilitator for the Chronic Disease Self-Management sessions in Waukesha.

ADRC Manager's Report:

- C. Bellovary advised the Board that the Volunteer Recognition Event held on April 22 at the Country Springs Hotel was very well received, with over 400 in attendance. She thanked J. Ruf for his presentation. Accompany of Kids was, once again, the entertainment and the Waukesha County Sheriff's Department Honor Guard presented the colors. It was a wonderful event.
- The Caregiver Seminar was held on May 2 at the Retzer Nature Center. It was a great event at beautiful venue. Caregivers enjoyed the Planetarium, a nature walk and a presentation of Stepping-On. Attendees were provided with a packet of "Compass Points", which are area locations and events that caregivers can safely bring their loved one. A sample packet will be available for viewing at the June Board meeting. C. Bellovary thanked all on the committee for their efforts.
- ADRC staff attended Motivational Interviewing training. This training focuses on how to ask the right questions and how to expand upon those questions to obtain more information in an effort to improve service to our clients. Trainers will be on site to provide follow up statistics to ADRC specialists. Those results will be shared with the Board.
- May is designated Older American's Month. This year's theme is *Never Too Old to Play*.
- Construction on the new building is moving along. Parking continues to be an issue. HHS Administration is fully aware of this and is working with the county on possible solutions.
- A sample cubicle has been set up in HHS near the Board Room to allow staff to view their future surroundings. There has been positive feedback.
- The cap for enrollment of Family Care and other long-term care programs has been removed. This hasn't had too much of an impact on Waukesha County, as we have been filling slots by attrition, however we are now starting to enroll anyone who is on the wait list and eligible.

State Aging Advisory Committee Report:

No report

Greater Wisconsin Agency on Aging Resources (GWAAR) Report:

No report.

Coalition of Wisconsin Aging Groups (CWAG):

No report.

Health and Human Services Board Report:

No Report

Other Business/Updates:

- B. Zaborowski shared information on the new County Board and indicated Paul Decker is the new County Board Chair.
- Health and Human Services Committee members include: Gilbert W. Yerke (Chair), Janel Brandjten (Vice Chair), Kathleen M. Cummings (Secretary), Jim Batzko, James Jeskewitz, Cathleen A. Slattery and William J. Zaborowski. B. Graham stated that he is glad B. Zaborowski remains on the ADRC Board as well as the Finance Committee. B. Zaborowski is a wonderful advocate.
- Intern Kate Peterson has completed her internship with the ADRC. C. Bellovary wished her well. Kate is part of the first class of Public Health Students from Carroll University.
- L. Lee shared that the video on Voting being done by ACAP is in its 2nd phase, which includes interviews with people asking “why voting is important”. L. Lee had the opportunity to view the first draft of the video. It is a work in progress, but is looking very good. She will provide the link to the video when it is done. C. Bellovary would also like the video to be available through the ADRC website.

Adjournment:

P. Hansen moved to adjourn the meeting; L. Weidmann seconded the motion; all in attendance approved. Motion is carried.

Next Meeting Date and Time: June 7, 2012 @ 9:30 a.m.

Approved _____ **Date** _____

Recorded and Submitted by Sue Smith